

表 1 大五人格模型

Table 1 Big five personality models

高分者人格特征 Personality characteristics of high scoring individuals	因素 Factor	低分者人格特征 Personality characteristics of low scoring individuals
好社交, 活跃 Social and active	外倾性 Extroversion	寡言, 好独处 Quiet and enjoys being alone
脾气好, 助人 Having a good temper and helping others	宜人性 Agreeableness	苛刻, 挑剔 Strict and picky
有条理, 可靠 Organized and reliable	尽责性 Conscientiousness	人懒散, 不可靠 Lazy and unreliable
紧张, 情绪化 Nervous, emotional	神经质 Neuroticism	稳定, 平静 Stable, calm
好奇, 有创造力 Curiosity and creativity	开放性 Open	讲实际, 兴趣少 Being practical and lacking in interest